

WHS Training

Workers may not always recognise the importance of Work Health and Safety training, particularly if they have been doing the same job for many years. We believe it is important to engage people in the training process as this will help them to understand the importance and purpose of health and safety at their workplace.

Our training sessions are suitable for all workplaces and can be customised for specific high risk industries. All training is conducted by qualified professionals that are experts in their field. Safety Australia Group currently offer a range of engaging and interactive Work Health and Safety training options. Our courses are facilitated either at your workplace or online and tailored to your organisation, ensuring your safety training is relevant for your work environment.

Summary of Courses

Course	Description
Bullying and Harassment Awareness	This course will raise awareness of bullying and harassment in the workplace and provide participants with an understanding of organisational policies and procedures. The course will also provide practical advice and empower participants to recognise and tackle this issue in the workplace.
Bullying and Harassment Awareness for Leaders	This course will raise awareness of bullying and harassment in the workplace and provide participants with an understanding of organisational policies and procedures, focusing specifically on Managers and Leaders. The course will also provide practical advice and empower participants to recognise and tackle this issue in the workplace.
Contractor Management	This course will provide practical guidance on how to manage contractual relationships including setting safety standards, tender criteria, ongoing management systems and processes for review - all crucial aspects in demonstrating Due Diligence in this area. It will also allow participants to analyse their own organisation's Contractor Management program.
Developing a Strong Safety Culture	This course will provide an understanding of what is a true Safety Culture in organisations. It is typically characterised by the everyday behaviours of individuals and teams in alignment with organisational safety goals.
Due Diligence for Executives	This course is designed for Tier 1 and Tier 2 Executives and Directors to impart the knowledge necessary to effectively exercise positive duty of care, manage safety in the working environment and understand the legislative obligations for a safe workplace at an executive level.
Due Diligence for Officers and Senior Managers	This course will provide Officers and Senior Managers with the knowledge necessary to effectively exercise their positive duty of care and manage safety in their workplace.
Emergency Response	This course will assist participants to prepare for emergencies in the workplace and know how to react in case of them occurring. It is increasingly important that work colleagues are fully prepared in cases of emergency. As such, this course can be customised to meet our client's specific work site and occupational needs.
Fight Fatigue	This workshop will provide workers with the skills necessary to understand and manage fatigue. The workshop explores practical exercises and strategies to identify the signs and symptoms of fatigue and to help reduce the risk of injury.
Health and Safety Representative (HSR) Training (NSW Only)	This SafeWork NSW approved course will provide participants with the knowledge and skills necessary to fulfil their role as Health & Safety Representatives (HSRs), meeting the requirements of the legislation and influence health and safety outcomes in their workplace.

Incident Response and Investigation	This course will provide Managers, Supervisors and Workers with foundation level knowledge, tools and methods in the investigation and reporting of incidents and how to actively participate in the process of effective response and management of workplace incidents.
Manual Handling	This course is aimed at creating an awareness and understanding of workplace manual handling tasks in an effort to prevent injuries. This course will help participants to identify and apply management strategies for dealing with manual handling in the workplace.
Mental Health at Work Awareness	This course will provide a general awareness of mental health at work. Mental health issues are becoming increasingly common in Australia. This course is specifically designed to identify the factors and symptoms that can impact mental health at work, coping mechanisms and support options available. Increase awareness of mental health issues and reduce the stigma in your workplace. *Mental Health at Home Awareness is also available.
Risk Management	This course will provide Managers, Supervisors and Workers with effective tools and methods for the identification of hazards and the assessment and control of risk. It will enable participants to apply the correct Risk Management principles to confidently and actively participate in the process of workplace Risk Management.
Safety Leadership Program	This program is aimed at people who have accountability for health and safety within the workplace. Supervisors, Leaders and Managers are all key advocates in promoting a good safety culture and this course covers Leadership, Culture and Risk activities.
WHS Awareness	This course will provide a general induction to the Work Health and Safety legislation, processes and best practices for all PCBUs, Workers and Managers. It is specifically designed to provide participants with an understanding of their roles and responsibilities pertaining to the Work Health and Safety legislation. *OHS Awareness is also available.
WHS for Managers and Supervisors	This workshop will provide Managers and Supervisors with the necessary skills and knowledge to participate effectively in Work Health and Safety matters at their workplace. The foundation of this course is based on the practical application of the Work Health and Safety legislation, including roles and responsibilities. *OHS for Managers and Supervisors is also available.
WHS Safety Committee	This course will enable new and current Safety Committee Members to identify and implement the legislative functions of the Committee, and will provide them with the skills and understanding to contribute to improved health and safety performance in their workplace through effective Committee participation. *OHS Safety Committee is also available.
Workplace Ergonomics	This workshop will provide workers with the general principles of a safe office layout and workstation. Participants will learn to identify ergonomic hazards and conduct a risk assessment.